

Your skin care regimen

Congratulations! Your personalized skin care regimen is here. Please use for atleast 2 months to get good result. If it does not improve, you may have to visit a dermatologist for prescription drugs.

This is a skin care regimen for test (25 years/male) with 60 Kg body weight. test has combination skin which is not much sensitive. he does not work outdoor and does not work in kitchen. the major problems is dark circle. Other problems are blackheads/whiteheads, painful pimples and post acne scarring to some extent.

Budget - 1404 INR

General instructions

- Never prick pimples with nail as it may cause scarring which is difficult to remove with medicine alone and expensive procedures may be needed.
- Do not take any protein/vitamin supplement to gain weight or muscle. They may aggravate your acne.

Products in the regimen

Pernex ac gel

Anti-acne medicine
MRP: 58 INR

Avarta undereye cream

Undereye cream
MRP: 755 INR

Opexa gel

Acne scar reducing gel
MRP: 586 INR

Total price - 1399

How to use?

Evening routine (in order)

- ① Wash face with a gentle soap and water.
- ② Apply pernex ac gel over pimples and wait until it is absorbed. Do not apply over sensitive areas like below eye, side of nose & mouth. Wash if irritation & gradually increase the contact time from 5 minutes.
- ③ Apply Opexa gel over scars / depression (not active acne or only black spots) and let it absorb.

Bedtime routine (in order)

- ① Wash face with a gentle soap and water.
- ② Apply pernex ac gel over pimples and wait until it is absorbed. Do not apply over sensitive areas like below eye, side of nose & mouth. Wash if irritation & gradually increase the contact time from 5 minutes.
- ③ Apply Avarta undereye cream below eye and let it absorb.